

Name _____

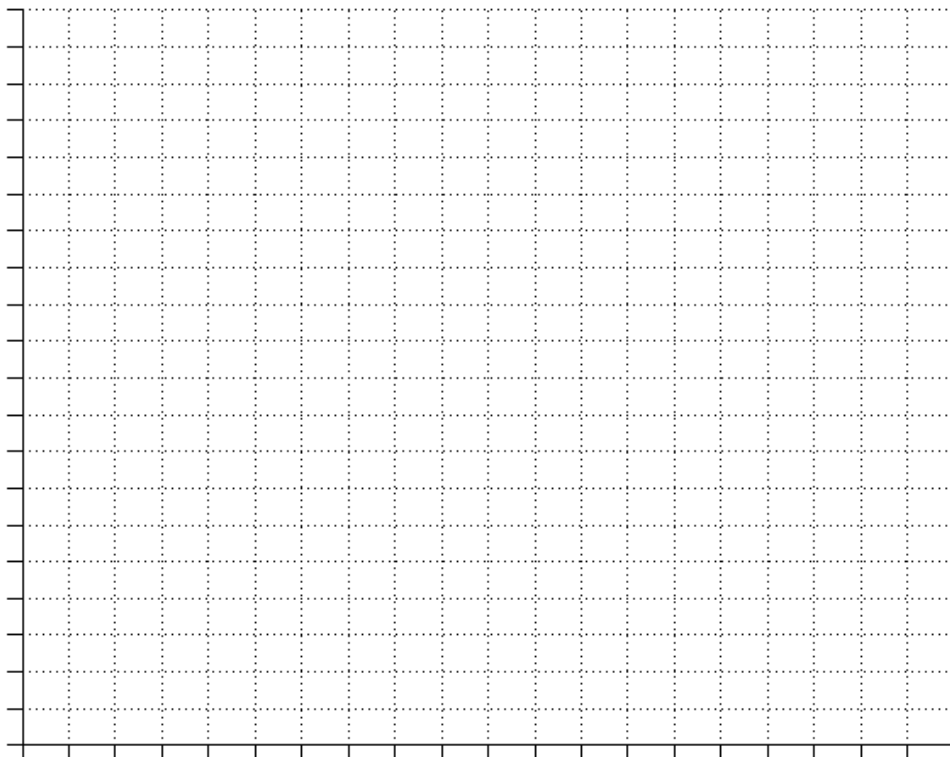
Week _____

Per _____ A

LAB: PULSE RATE COLLECTION (1 week)

Resting Pulse Rate (ex. watching tv, doing homework, talking on the phone)							
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Time							
Description of Activity							
Pulse Rate							
Oxygen Saturation							
Active Pulse Rate (ex. brisk walking, jogging, basketball, jumping jacks)							
Time							
Description of Activity							
Pulse Rate							
Oxygen Saturation							

GRAPH – Use your RESTING PULSE DATA to chart a graph of your pulse over 7 days as one line. Use your ACTIVE PULSE DATA to make a second line on the graph. (Be sure your graph includes all needed graph features).



**Analysis questions will be given and answers in class the day the assignment is due.

Name _____

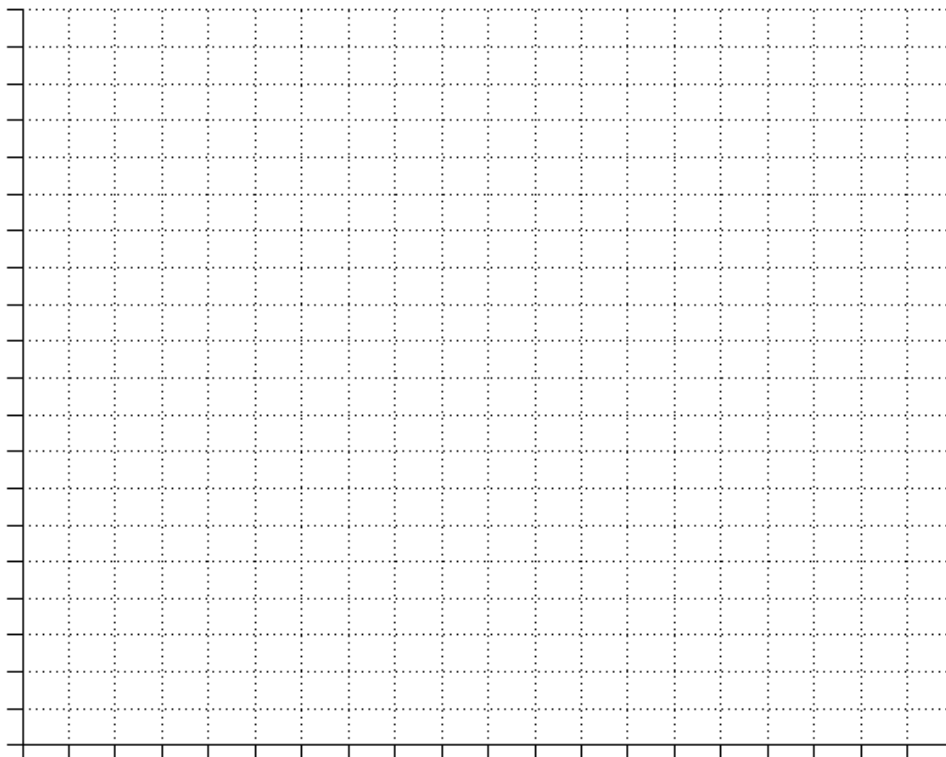
Week _____

Per ____ H

LAB: PULSE RATE COLLECTION (1 week)

Resting Pulse Rate (ex. watching tv, doing homework, talking on the phone)							
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Time							
Description of Activity							
Pulse Rate							
Carotid or Radial?							
Active Pulse Rate (ex. brisk walking, jogging, basketball, jumping jacks)							
Time							
Description of Activity							
Pulse Rate							
Carotid or Radial?							

GRAPH – Use your RESTING PULSE DATA to chart a graph of your pulse over 7 days as one line. Use your ACTIVE PULSE DATA to make a second line on the graph. (Be sure your graph includes all needed graph features).



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